

Workin' It Out Series Comparison Chart

Program	Target Population	Content Taught	Time Required
 <p>Workin' It Out Workbook Soft Skills Work Readiness Program Copyright © 2011 By Steve Parese, S.A.S.</p>	<p>Workin' It Out Challenging adult workers who lack work experience, struggle with soft skills, or are simply unfamiliar with unspoken expectations of work. Most applicable in first 3 months of employment.</p>	<ul style="list-style-type: none"> • Dynamics of inter-personal conflict • Switching from personal beliefs vs professional expectations • Self-management skills • Expressing concerns • Dealing w/ criticism • Interpersonal problem solving/conflict resolution 	<p>10 lessons 1.5-2.0 hours each</p> <p><u>Recommended:</u> Class of 8-16 adults 2-3 lessons/week Over 3-4 week period</p> <p><u>Requires:</u> Initial instructor certification. Consumable workbooks (\$5-\$10 ea).</p>
 <p>Makin' It Work Workbook Transitioning from Corrections to Community and the World of Work Soft Skills Work Readiness Program Copyright © 2011 By Steve Parese, S.A.S.</p>	<p>Makin' It Work Individuals with criminal backgrounds who are seeking employment. Applicable to both currently incarcerated (pre-release) and formerly incarcerated (parole, re-entry).</p>	<ul style="list-style-type: none"> • Stages of Change • Personal Thinking Traps • Employer expectations • Emotional warning signs • Self-control skills • Interpersonal problem solving/conflict resolution • Expressing concerns • Dealing w/ criticism 	<p>10 lessons 1.5-2.0 hours each</p> <p><u>Recommended:</u> Class of 8-16 adults 2-3 lessons/week Over 3-4 week period</p> <p><u>Requires:</u> Initial instructor certification. Consumable workbooks (\$5-\$10 ea).</p>
 <p>Beginning to Work It Out Workbook Soft Skills Pre-Employment Training Program for At-Risk Youth Copyright © 2011 By Steve Parese, S.A.S.</p>	<p>Beginning to Work It Out At-risk youth or young adults, age 16-22, who lack experience or social skills, and are preparing for employment. Applicable in schools, community, treatment, or correctional settings.</p>	<ul style="list-style-type: none"> • Dynamics of inter-personal conflict • Employers' unspoken expectations • Self-management skills • Expressing concerns • Dealing w/ criticism • Interpersonal problem solving/conflict resolution 	<p>10 lessons 50 minutes each</p> <p><u>Recommended:</u> Class of 8-12 youth 2-3 lessons/week Over 3-4 week period</p> <p><u>Requires:</u> Initial instructor certification. Consumable workbooks (\$5-\$10 ea).</p>
 <p>Learning to Work It Out Workbook Soft Skills Work Readiness Program Copyright © 2011 By Steve Parese, S.A.S.</p>	<p>Learning to Work It Out Adults with significant barriers to employment, such as self-esteem issues, prior addiction, incarceration, homelessness, physical or mental health issues. Most applicable 3-6 months prior to employment.</p>	<ul style="list-style-type: none"> • Personal improvement/ goal setting • Conflict & stress • Self-defeating beliefs • Employer expectations • Self-management skills • Expressing concerns • Dealing w/ criticism • Interpersonal problem solving/conflict resolution 	<p>12 lessons 2.0 hours each</p> <p><u>Recommended:</u> Class of 8-16 people 2-3 lessons/week Over 4-6 week period</p> <p><u>Requires:</u> Initial instructor certification. Consumable workbooks (\$5-\$10 ea).</p>
 <p>Workin' with Tradition Workbook Soft Skills Work Readiness Program Copyright © 2011 By Steve Parese, S.A.S.</p>	<p>Workin' with Tradition Adults from Native American communities struggling with numerous issues, but preparing for employment, especially off reservation with non-Native employers. Applicable in school and community settings.</p>	<ul style="list-style-type: none"> • Personal improvement/ goal setting • Dynamics of conflict, reducing stress • Work & self-worth • Employer expectations • Self-management skills • Expressing concerns • Logical decision making 	<p>12 lessons 2.0 hours each</p> <p><u>Recommended:</u> Class of 8-16 people 2-3 lessons/week Over 4-6 week period</p> <p><u>Requires:</u> Initial instructor certification. Consumable workbooks (\$5-\$10 ea).</p>

Contact Dr. Steve Parese (SBParese@aol.com) for other questions.